

# **ADVICE NOTE 2**

# Use of a Convoy Control Vehicle for Controlling Traffic through Guide Islands at Relaxation Works on Dual Carriageways







#### Use of a Convoy Control Vehicle for Controlling Traffic through Guide Islands at Relaxation Works on Dual Carriageways

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## Forward

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## Summary

Advice note for temporary traffic management contractors using Convoy Control Vehicles to control traffic through guide islands at road works where "relaxation scheme" works criteria apply.

This advice note contains an operational method to generate traffic-free working windows during works on the carriageway, in order to eliminate the requirement for TTM operatives to work in live traffic lanes.

This advice note replaces Interim Advice Note 187/15 following its deletion as part of the 2019/2020 review of the DMRB and has been issued following confirmation that the technique has authorisation for use on Highways England network roads.

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Use of a Convoy Control Vehicle for Controlling Traffic through Guide Islands at Relaxation Works on Dual Carriageways



## 1. Introduction

#### 1.1. Background

The 2014 implementation of the use of alternative signing techniques as detailed in Traffic Signs Manual Chapter 8 Volume 3 Update (2020) has reduced risk to road workers by allowing the omission of off side signs, which in many cases can eliminate the requirement to cross the carriageway on foot to erect temporary traffic management signs. This enabled substantial reductions in risk to road workers. However, one of the remaining substantial risks highlighted by industry stakeholders was the risk from working in live lanes, for example to install the lead-in zone coning to Detail B in Plan DZC2 in Chapter 8 of the Traffic Signs Manual, Part 1: Design (DfT, 2009). IAN 187/15 addressed this by creating the concept of a Convoy Control Vehicle within the existing guidance of chapter8.

Installation of the 'facing wall' of cones shown in this Plan requires workers to be in the single remaining open lane with all traffic on the carriageway directed towards them. Workers must install these cones by utilising unpredictable and variable gaps in traffic, representing a significant risk to their safety; should the workers be unable to complete the installation within the traffic-free window, drivers will encounter partially-installed traffic management, which will increase road user risk.

One approach that can be used to address these risks is to create a predictable and sufficiently large traffic-free window by taking control of traffic within the "guide island" (the single lane approach to the area upstream of the area where the traffic management operatives need to work, as shown in Figure 1 below)

(Approach & lane change zones)		(lead in zone)				
Guide island approach		Guide				
	Lead taper	Island	Changeover	Works area		
ŀ						

Highways England and service providers have investigated the use of vehicles displaying either of two duly authorised signs and signals for the purpose of controlling traffic through guide islands. Controlling traffic through the guide island has been shown to create a suitable traffic-free window within which TM crews can work safely.

The use of this technique to create a short traffic-free window has the potential to make a significant contribution towards the Highways England road worker safety strategy targets:

- Achieve a substantial reduction in the need for road workers to be on live carriageways on foot (live lane working).
- Aim to eliminate the need for road workers to cross the live carriageway (carriageway crossings).

This has the potential to improve road worker safety and road user safety, helping Highways England to fulfil its future vision for safety on the Strategic Road Network.



## 1.2. Scope

This Advice Note provides guidance to service providers using Convoy Control Vehicles for control of traffic through guide islands within relaxation scheme road works on dual carriageways.

This document builds upon the guidance given in the Traffic Signs Manual Chapter 8 Part 1: Design and Part 2: Operations. This document adapts the guidance given in Section O.11 (Mobile Carriageway Closure Technique) dealing the use of multiple convoy control vehicles to take control of traffic on a dual carriageway.

This Advice Note applies to relaxation scheme road works on dual carriageways with two or more lanes, including relaxation scheme road works which are being provided within the existing traffic management for a major scheme. It does not apply to standard scheme road works, except where relaxation scheme traffic management is being used to install traffic management in support of standard schemes.

This Advice Note applies to the Highways England network. Application of this document on any other road is subject to approval for its use being given by the appropriate Highway Authority and appropriate authorisation being granted by the Department for Transport allowing the traffic signs fitted to the convoy control vehicle to be used on roads other than trunk dual carriageway roads and motorways in England.

This guidance details a technique for relaxation schemes for consideration by the service provider, which allows use of a duly authorised convoy control vehicle (CCV) to take control of traffic within a guide island in order to generate a traffic free window for the purpose of carrying out works or associated activity, such as installation of traffic management. A duly authorised vehicle may, subject to suitable and sufficient risk assessment of all options, be used to take control of traffic within a guide island if the eligibility criteria given in Section 1.3 are met.

As part of the risk assessment the service provider must determine whether implementation of the technique will reduce risks to road workers to a level that is acceptable or tolerable but As Low As Reasonably Practicable, whilst ensuring risks to road users remain acceptable. This is in accordance with the general principles applied in Section O.11 of the TSM Chapter 8 and within GG104.

The service provider should determine whether the technique is suitable for use at any specific location by carrying out a site-specific risk assessment of the type of work being undertaken and all other appropriate factors. This assessment should include factors such as those given in TSM Chapter 8 Part 1 2009 paragraphs D1.6.3 to D1.6.5, D3.8 and TSM Chapter 8 Part 2 2009 paragraphs O1.6.3 to O1.6.5, Section O11.9, O11.10, O11.14, O11.17, O11.21 and O11.22, with the definition of "low traffic flows" given in TSM Chapter 8 Appendix A2.41.

In all cases, the selection of traffic management technique should be based on a location specific risk assessment which considers the risks to both road users and road workers.

This guidance is supplementary to (but does not replace any elements of) the existing guidance for TTM at road works, provided in the TSM Chapter 8 Parts 1 and 2. The intention is that the guidance given in this document may be included within future revisions or updates to the TSM Chapter 8.



## 1.3. Eligibility Criteria

The alternative technique detailed in this document applies only if all the generic eligibility criteria shown below are met:

- The carriageway on which the technique will be used is a dual carriageway with two or more running lanes.
- The convoy control vehicle will be used under relaxation scheme conditions (defined in TSM Chapter 8 Section D1.6/O1.6, with maximum traffic flow as per Appendix A2, Paragraph A2.41).
- The convoy control vehicle is equipped with Impact Protection in accordance with TSM Chapter 8 Part 2: Operations paragraph O5.5.5 and is either;
  - Of the type shown in TSM Chapter 8 Part 2: Operations Figure O11.1 and is duly authorised for use on the main carriageway; or
  - Of the type shown in TSM Chapter 8 Part 2: Operations Figure O11.2 and equipped with a plate sign that has been duly authorised for use on the main carriageway of a trunk dual carriageway road or motorway.
- A guide island will be established, comprising:
  - Advance signing warning of the lane(s) closed in accordance with either TSM Chapter 8 or a suitable equivalent layout such as that specified in the current version of Chapter 8 Part 3 (2020).
  - A taper to Plan DZB3 from TSM Chapter 8 or alternative taper layout as described in Chapter 8 Part 3 (2020) with backlit sequentially flashing warning lamps used in accordance with the requirements given in TSM Chapter 8 Part 2: Operations, paragraph O4.7.19.
  - A longitudinal section of coning downstream of the taper of the minimum length appropriate to the required working window.
- The service provider has carried out a suitable location specific risk assessment, which indicates that it is both safe to use the convoy control technique and that it represents the lowest risk approach for road workers and road users.
- Only one running lane will remain open during the works.

For the avoidance of doubt, it is not appropriate to use this technique:

- As part of standard scheme (as defined in Section D1.6/O1.6 of TSM Chapter 8) traffic management; or
- On single carriageways.

#### 1.4. Site specific risk assessment

A site specific risk assessment enables the risks to road workers and road users to be suitably identified and subsequently managed to a level that is as low as reasonably practicable. Temporary traffic management operations should be subject to suitable and sufficient risk assessment as detailed in TSM Chapter 8 Part 1: Design Section D2.

The advice contained within this document is given on the basis that the service provider ensures that:

- a competent person carries out a suitable and sufficient site-specific risk assessment
- the risk assessment is carried out in accordance with the requirements and guidance within TSM Chapter 8 and GG104 of the Design Manual for Roads and Bridges
- the risk assessment is completed before work commences on site and is appropriately recorded; and
- the project-specific method statement that is supported by this risk assessment is followed by those carrying out the work



## 2. Guidance: The Convoy Control Vehicle Technique

### 2.1. Introduction

Section 2 of this Advice Note provides guidance to the service provider with regard to the use of a convoy control vehicle (CCV) for the control of traffic a through guide island that forms part of the relaxation scheme temporary traffic management for road works on a motorway or dual carriageway trunk road with two or more lanes. This guidance enables a CCV to be used to control traffic, provided that all of the eligibility criteria described in Section 1.3 in this advice note are met.

#### 2.2. Issues

Operation use since 2015 has shown that for relaxation schemes a CCV may be used to control traffic through a guide island without affecting the safety of road users. Creating a traffic-free working window in this way eliminates one of the major risks to road workers by removing the need for road workers to undertake carriageway crossings or live lane working as the carriageway is effectively closed to traffic by the CCV. This eliminates risk to road workers from live traffic while not increasing risk for road users.

The service provider should consider this technique as an option when planning the TTM and assessing the risks and benefits of the various alternatives. The safety benefit that this alternative TTM technique can deliver is significant, as provision a traffic-free working window eliminates a source of risk.

Where the traffic flows are very light and it is not certain that there will be a third party vehicle in front of the CCV as 'last vehicle' when it enters the guide island, consideration should be given to using another traffic management vehicle to indicate the start of the traffic-free working window to the operatives in front of the CCV.

### 2.3. Duly authorised alternative signing

The traffic signs on the vehicle used as a convoy control vehicle must be duly authorised in order to take control of traffic lawfully. Service providers seeking to use a CCV must ensure that only duly authorised traffic signs are used, that such signs are fitted to a vehicle equipped with impact protection (see eligibility criteria in Section 1.4 above) and that the vehicle with signs is used in accordance with the terms of the Signs Authorisation.

Current signs that can be or are authorised for use are:

- Signing as shown in Figure 11.1 (Closure vehicle sign) of the Traffic Signs Manual Chapter 8 part 2 (2009) comprising:
  - An upper panel red cross signal equivalent to Diagram 6031.1 of the Traffic Signs Regulations and General Directions (TSRGD); and
  - A lower panel 'CONVOY VEHICLE NO OVERTAKING' sign to Diagram 7029 of TSRGD
- Signing that complies with DfT Signs Authorisation GT50/056/0023 (DfT Traffic Authorisation Case 4227), comprising:
  - An upper panel with two top flashing amber strobe lamps only illuminated

• A lower panel "CONVOY VEHICLE NO OVERTAKING" plate sign to Diagram 7029 of TSRGD . In both cases, the vehicle should be fitted with a system that is controllable from the driver's position and which is capable of covering and uncovering the "CONVOY VEHICLE NO OVERTAKING" sign while the vehicle is in motion with the vehicle's Lorry Mounted Crash Cushion in the deployed (down) position.

### 2.4. On-road Implementation of the CCV Technique



It has been shown that the CCV technique can be safely applied in the approach zone of relaxation schemes using the vehicle movements and signing changes as described in Annex B and C. This document provides guidance that the service provider should consider in developing site specific method statements or safe systems of work for using a convoy control vehicle to take control of traffic within a guide island.

The information in this document, including Annexes B and C, is presented for service providers to consider during their development of site-specific method statements. Service providers must ensure that the method statement is appropriately reviewed, and the method adapted to take account of site specific circumstances and activities as described in Section 1.5.

## 3. Withdrawal Conditions

This Advice note was created in March 2020 when IAN 187/15 was withdrawn without being incorporated permanently in to DfT Traffic Signs Manual Chapter 8 volume (2020) and will remain in force unless superseded by revised national guidance.

The TMCA received written assurance in March 2020 that the technique described by IAN 187 remained authorised on Highways England network roads.

## 4. Training and Qualifications

Service providers should ensure that suitable and sufficient training is given to road workers. This training should include:

- Full briefing as to the processes and procedures to be followed when using this technique for control of traffic through guide islands
- Appropriate training in the implementation, risk assessment and planning of use of CCVs for control of traffic through guide islands

On motorways and trunk roads in England where this technique is used, the driver of the Convoy Control Vehicle shall have the appropriate Sector Scheme 12A/B IPV training and hold a valid 12A/B IPV qualification. The monitor vehicle (where used) shall be driven by a person holding a valid Sector Scheme 12A/B IPV, TSCO or TMF qualification.

The person in charge of the operation and responsible for co-ordinating the movements of the CCV and workforce (the supervisor) should be qualified as a Sector Scheme 12A/B IPV driver. The supervisor may be the driver of the CCV, provided they are able to carry out both co-ordination/supervision and driving duties safely.

## 5. Contacts

Further information may be obtained from: <u>www.tmca.org.uk</u> or by contacting the TMCA officers.

## 6. Normative References

DfT Design Manual for Roads & Bridges GG104 Standard for Safety Risk Assessment on the Strategic Road Network.

http://www.standardsforhighways.co.uk/ha/standards/dmrb/vol0/section2/GG%20102%20Quali ty%20management%20systems%20for%20highway%20works-web.pdf

DfT Traffic Signs Manual (TSM) Chapter 8 (2009) Traffic Safety Measures and Signs for Road Works and Temporary Situations, Part 1 – Design, Part 2 – Operations & Part 3 - Update. https://www.gov.uk/government/publications/traffic-signs-manual



DfT Traffic Authorisation GT50/056/0023, case 4227, Mobile Lane Closure Sign <u>http://assets.dft.gov.uk/trafficauths/case-4227.pdf</u>

Statutory Instrument 2002 No. 3113 Traffic Signs Regulations and General Directions 2002 (TSRGD). <u>https://www.legislation.gov.uk/uksi/2016/362/contents/made</u>

## 7. Informative References

- Highways England Aiming for Zero and Road Worker Safety
- The following documents are available from the Highways England Knowledge Compendium.
- RL Report CPR1425 (2012): Monitoring of management of traffic during lead-in zone installation. Results from trial in Area 3, 2012.
- TRL Report CPR 2055 (2015): Monitoring of management of traffic during lead-in zone installation. Results from trial in Area 3, 2015.
- IAN 187/15 Use of convoy control vehicle withdrawn 2020.



# Appendix A – Guidance to assist with development of sitespecific method statements: On-road trial method – Typical

### uses.

Movements of the IPV and CCV on the approach to and through the advance signing zone (left diagram) and transit through the guide island and works location

## Off slip splitter installation





# Exit taper installation



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## Appendix B: Guidance to assist with development of sitespecific method statements: On-road trial descriptive technique

The implementation of the CCV technique, with the accompanying signing and lighting changes, should consider inclusion of the following (or equivalent) steps.

#### Phase 1 - Co-ordinate

- CCV (and monitor vehicle when used) assumes a position on the hard shoulder (or other suitable safe location) approximately 2-3 miles upstream of the entry taper. (The CCV driver should be aware of the works site location and marker post location for the road works 1 mile sign).
- CCV driver establishes contact with the traffic management foreman. If suitable, the foreman confirms that the crew are ready to begin the task and continues to hold for further instructions at a position of partial safety (within the lane closure).

#### Phase 2 - Check systems

- CCV driver deploys the crash cushion and verifies it has deployed correctly
- CCV driver to verify lighting / signing operates correctly
- Driver of monitor vehicle (if used) to check lighting and verify it operates correctly
- If equipment checks are passed, vehicle(s) start to build speed on the hard shoulder
- Vehicle(s) re-join(s) the main carriageway

#### Phase 3 - Commence approach

- CCV and monitor vehicle (when used) build up speed
- Monitor vehicle (when used) moves across into Lane 3 when it is safe to do so
- CCV moves into Lane 3 when it is safe to do so (behind monitor vehicle when used)

#### Phase 4 - Change sign

- When CCV is in Lane 3 and adjacent to the 'road works 1 mile' sign, driver to:
  - Activates light signals (red cross or xenon beacons)
  - Raise roller blind in order to display the convoy vehicle sign
  - Driver of last TTM vehicle through (monitor vehicle where used) to:
    - Activate vehicle beacons
    - Remains in position immediately in front of CCV

#### Phase 5 - Control traffic

- At the 800yds position
  - CCV driver gradually reduces speed to 40mph (if safe to do so)
  - Monitor vehicle (where used) to remain in position in front of CCV
- As the CCV reaches the end of the entry taper, CCV driver resumes contact with the CCV crew to inform them of either:
  - The details of the last vehicle that entered the lane closure, providing details to allow clear identification of the last vehicle ahead of the CCV, allowing the crew to identify the start of their working window; or
  - That the monitor vehicle has entered the guide island and confirmation that no other vehicles are behind the monitor vehicles.
- Where monitor vehicle is used, the monitor vehicle should then proceed at a safe speed through the guide island and work zone
- Depending upon the distance between the CCV and the last vehicle to enter the works zone or the monitor vehicle (referred to as the clearance distance), CCV driver may reduce speed further to ensure a sufficient working window is provided.



• If, when entering the work zone, the CCV cannot maintain a speed greater than 20mph due to the proximity of a road user vehicle, CCV passes through site and works activity is aborted.

#### Phase 6 – Clear site

- CCV passes through guide island, leading traffic safely through any works being undertaken within the works zone.
- Once CCV has cleared the work zone, CCV driver conceals convoy vehicle sign, cancels any light signals shown (xenon beacons / red cross) and proceeds as normal traffic in Lane 1 whilst retracting the crash cushion.

End of Text.





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